

VACCINE INFORMATION STATEMENT

1. Why get vaccinated?

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Getting vaccinated helps protect you and others from getting sick. Vaccines are safe and effective. They help prevent serious illness and death. Getting vaccinated is one of the best ways to protect your health and the health of your community.

2. Influenza vaccines

Influenza vaccines are safe and effective. They help prevent serious illness and death. Getting vaccinated is one of the best ways to protect your health and the health of your community. There are two types of influenza vaccines: inactivated influenza vaccine (IIV) and live attenuated influenza vaccine (LAIV). IIV is a shot and LAIV is a nasal spray. Both types are safe and effective. IIV is recommended for everyone 6 months of age and older. LAIV is recommended for healthy, non-pregnant people 2 through 49 years of age. If you are pregnant, have a chronic medical condition, or are taking certain medications, you should not get LAIV. Talk with your health care provider to see if you should get IIV or LAIV.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention
Vaccine and Preventable Diseases Division
1600 Clifton Road, NE
Atlanta, GA 30333
800-232-6222
www.cdc.gov/vaccines/imz/
www.hhs.gov

3. Talk with your health care provider

Talk with your health care provider about getting vaccinated. They can help you decide if you should get vaccinated and which vaccine is best for you. They can also help you get vaccinated. If you have any questions, call 1-800-232-6222 or visit www.cdc.gov/vaccines/imz. For more information, visit www.hhs.gov.

4. Risks of a vaccine reaction

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