

# Center for the Advancement of Food Security and Healthy Communities

David Himmelgreen, Director

Website: \_\_\_\_\_

Reporting Period: 1/1/20-5/31/24

## I. Grants & Contracts

- 1) 2024-25 Romero-Daza, N. (MPI) and **D. Himmelgreen (MPI)**, Health Buddies: A Food Prescription Program for Seniors, Feeding Tampa Bay with funding from Humana (\$50,000)
- 2) 2023-25 Himmelgreen, D.A. (PI), Homegrown Hillsborough Program Evaluation, Hillsborough County, FL. (\$153,399).
- 3) 2022-24 Himmelgreen, D.A. (PI), E. Roux (Co-P), and N. Romero-Daza (Co-PI), The 15<sup>th</sup> Street Farm Nutrition Education Program, United States Department of Agriculture, National Institute of Food and Agriculture (\$219,803).
- 4) 2022-23 Romero-Daza, N. (MPI) and **D. Himmelgreen (MPI)**, Feeding Tampa Bay's Food Pharmacy Program Study (Year 2) Funder: Humana Foundation (\$41,415).
- 5) 2022-23 Cramer, A., H. Yadav, **D. Himmelgreen**, and P.C. Camillo, Food Insecure Population's Decreased Microbiome Diversity and the Effect with Increased Inflammation, leakiness in Their Gut and Decreased Cognitive Function, University of South Florida Microbiome Institute (\$25,000).
- 6) 2021-22 Himmelgreen, D. (PI), Tampa Family Health Centers Urban Community Garden-Food Rx/Planning Project Evaluation (\$23,890).
- 7) 2021 Himmelgreen, D. (PI), Feeding America: Home Delivery Pilot Project, Funder: Feeding America (\$74,997).
- 8) 2021-23 Heuer, J. (PI) and **D. Himmelgreen (Co-PI)**, Dissertation Research: Exploring the Intersections of Community Integration and Dietary Quality on Health Outcomes among Post-911 Student Veterans, Funder: Feeding Tampa Bay (\$12,500).
- 9) 2020-22 Romero-Daza, N. (PI) and **D. Himmelgreen (Co-PI)**, Feeding Tampa Bay's Food Pharmacy Program Study, Funder: Humana Foundation (\$142,000).
- 10) 2020-23 Himmelgreen, D. (PI) and N. Romero-Daza (Co-PI), Impact of COVID-19 on the Management of Type 2 Diabetes Among Older Individuals: Food Insecurity, Decreased Physical Activity, and Social Isolation, Funder: USF (\$25,000).







LA, Dec. 4-6.

- 6) 2023 Hinds, K.A., D. Gray, G. Lehigh, J. Heuer, W.A. Webb, N. Romero-Daza, and **D. Himmelgreen**. Using Food Prescription Programs to Decrease Food Insecurity in Tampa Bay. Annual Meeting of the Society for Applied Anthropology, Cincinnati, OH, March 28-April 2.
- 7) 2023 Himmelgreen, D. and N. Romero-Daza. Reducing Food Insecurity and Improving Health through a University-Food Bank Partnership, College of Health, Research Seminar, Oregon State University, Invited talk, October 13.
- 8) 2023 Himmelgreen, D. Center for the Advancement of Food Security and Healthy Communities, The Link between Food Insecurity and Poor Health, USF Osher Lifelong Learning Institute, Jan. 20.
- 9) 2023 Himmelgreen, D. The Center for the Advancement of Food Security & Healthy Communities, OSHER Lifelong Learning Institute, USF, SIG: "Food! Glorious Food," Jan 23.
- 10) 2022 Himmelgreen, D.A., B. Hansen, and E. Roux. Assessing the Tampa Bay Regional Food System: A Key Resilience Strategy for the RRAP. Presented to the Tampa Bay Regional Planning Council, November 14.
- 11) 2022 Himmelgreen, D., Food Insecurity and Hunger. College Majors Exposition (Invited Panelist)
- 12) 2022 Himmelgreen, D. Food Insecurity and Health: Using Syndemic Theory in Research and Programming. Feeding Tampa Bay, Board of Directors (Invited Talk).
- 13) 2022 Himmelgreen, D., N. Romero-Daza, J.N. Heuer, W.A. Webb, G. Lehigh, and D. Gray, It Takes a Village to Make Food as Medicine Programs Work: A Case Study of a Unives,2(uriB9n )}4(m re8e1dLan12 792 r(m)-T/F4 1(k).98 ank]TJETQq0.00000912 0

- 2) **COPH Activist Lab Lunch and Learn: Food Insecurity** (COPH Activist Lab Lunch and Learn)

Gabrielle Lehigh, Ph.D. student, RA  
Alex Webb, Ph.D. student, RA  
Kavya Basupalla, MBA, Intern  
Jacquelyn Heuer, Ph.D. student, RA  
Karen Diaz Serrano, Ph.D. student, RA  
Sarah Bradley, Ph.D. student, RA  
Funmi Odemuso, MA student, RA  
Alexandra Whitacre, MA student, RA  
Monise Harris, MPH student, RA  
Glenda Vaillant Cruz, MA student, RA  
Nicole Kenady, MA student, RA  
Alexa Serino, medical school student, RA  
Gisselle Palaca, medical school student, RA  
Anna Broich, MA student, Graduate Assistant  
Anneliese Long, undergraduate student, RA  
Anastasia Mccoy, undergraduate, Intern  
Marcela Munoz Marin, undergraduate Intern  
Steven Long, undergraduate, Intern  
Alexandra Davis, undergraduate, Federal Work Study Program  
Milan Chuganey, undergraduate, Federal Work Study Program  
Rosa Veramendi, undergraduate, Federal Work Study Program

VI. CAFSCH Activities and Events

VII. CASFSHC Other Deliverables

- 1) <https://selfmgmt.thinkific.com/courses/diabetes-self-management> Diabetes Self Management Course (2022), designed as part of the COVID-19 grant. The course was created and delivered in the Thinkific platform. Participants had access to reading materials, videos, and infographics that provide knowledge on various aspects of the disease. The online course includes six modules in the following order: Learning about Diabetes, Knowing the ABCs of Diabetes, Eating Healthy, Being Active, Getting Through the Tough Times, Building a Routine to Stay Healthy. The topics were chosen to align with the required topic areas in Standard 6 of the 2017 National Standards for Diabetes Self-Management Education and Support. All content was sourced from reputable and update to date sources, including the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), Centers for Disease Control and