

# ERICA ANDERSON, MS

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Tampa, FL

## EDUCATION

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**PhD** University of South Florida, Behavioral and Community Sciences  
Specializations: Cultural Competence and Health Disparities  
Expected 2022

**MPH** University of South

- Collaborate on various initiatives such as the Historically Black Colleges and Universities (HBCU) Push, the Leadership Development Institute, and others
- Assists in planning nationally Student Circle events for a membership body of 300+

## **Reviewer**

- Coordinated efforts to recruit new and retain current Student Circle (undergraduate and graduate), members
- Assisted members in chartering their own ABPsi SC Chapter on their college/university campus
- Facilitated the promotion of the Student Circle at various events (e.g. national convention, regional conferences and workshops when feasible)
- Facilitated monthly conference call with committee members
- Collaborated with the development of the HBCU Initiative led by the ABPsi National Board

**Vice President**

Aug 2013-May 2014

Psychology Club- University of Tampa

- Co-facilitated the youth mentoring program for adolescents at neighboring high schools near the university
- Served as a tutor to club members in various subjects (e.g. Logic, Psychopharmacology and Biopsychology)
- Facilitated leadership activities
- Promoted and advocated for mental health awareness around campus

**COMMUNITY SERVICE**

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**Hillsborough Education Foundation-**

Certification

**Registered Mental Health Counselor Intern (RHMHCI)**

**Exp: Feb 2023**

**RESEARCH INTERESTS**

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- Cultural competency
- Mental and physical health disparities
- Community-based participatory research
- Health literacy and communication
- Social determi

**Graduate Research Assistant**  
University of South Florida

Aug 2018 Present

- Assist with multiple research projects on various topics such as:



- Provide comprehensive and ongoing mental health assessments for adolescent and adult clients
- Conducts routine case review meetings to discuss client progress, engage a small team in problem resolution, and to ensure consistent implementation of the goals from the treatment plan
- Provide direct clinical services to individuals, couples, and families using a variety of treatment modalities

**Redirection/Impact Therapist**

July 2019-Dec 2019

Chrysalis Health, Tampa, FL

- Provided outpatient individual and family therapy to clients and families involved with the Department of Juvenile Justice
- Provided psycho-educational services to clients regarding diagnosis, medication and anger-management
- Utilized Cognitive-Behavioral Therapy (CBT) and Motivational Interviewing (MI) techniques

**Clinical Counselor Intern**

May 2017-Dec 2017

- Conducted individual psychotherapy with adults experiencing a range of psychological issues including Bipolar Disorder, Depression, Anxiety, Grief/Loss, Co-occurring Addictions, Anger and Personality Disorder
- Provided psychoeducational lessons to children and adolescents, crisis intervention, and parent consultation
- Prepared referral documentation for adjunct support for high-risk clients (i.e. active suicidal behavior and ideation)
- Conducted interviews and generated reports for psychological evaluations
- Received supervision from diverse theoretical approaches including psychoanalytic, interpersonal, structural and strategic family therapy, multicultural, and cognitive-behavioral

**Group Co-Facilitator**

Mar 2017-May 2018

Community Counseling Center at Midtown, Daytona Beach, FL

- Co-facilitated therapy groups for vulnerable adult populations (HIV positive clients, homeless and clients with substance abuse disorders)
- Developed and distributed psychoeducational material
- Completed intake assessment and screened for mental health disorders
- -facilitate group and individual counseling sessions

**Intern**

Mar 2017-Apr 2017

**Domestic Abuse Council, Daytona Beach**

- Co-facilitated group therapy sessions and administered required therapeutic homework assignments to clients
- Developed and organized a resource manual for group therapy sessions
- Prepared and completed session notes and safety plans





## PUBLICATIONS

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### **Book Chapters**

**Anderson, E.** (In Press). *Physical Health Disparities Facing Racial and Ethnic Minorities in the United States Today*. Race and Ethnicity in America: From Pre-Contact to the Present. Santa Barbara, CA: ABC-CLIO

### **Journal Papers in Review**

Conner, K., Gum, A., Schonfeld, L., & **Anderson, E.** (Under Review). Enhancing the Care Transitions Intervention with Peer Support to Improve Outcomes among Older Adults with Co-occurring Clinical Depression: A Pilot Study. *Home Health Care Services Quarterly*

### **Conference Abstracts**

**Anderson, E.**, Vickers, A., Anderson, T., Feaster, W., Rahim-Williams, B., Ph.D., MPH, MA (April 2018). The Social Construction and Language of Pain among Women Managing Knee Osteoarthritis Pain. Society of Behavioral Medicine, New Orleans, LA.

Feaster, W., **Anderson, E.**, Peters, C., Gavin, K., Rahim-Williams, Ph.D., MPH, MA (April 2018). BMI, Self-Efficacy, and Physical Performance as Risk factors for Pain among Individuals with Knee Osteoarthritis (OA). Society of Behavioral Medicine, New Orleans, LA.

Peters, C., **Anderson, E.**, Rahim-Williams, B., Ph.D. (November 2017). Examining Perceptions of Knee Joint Replacement and Physical Activity among Women with Knee Osteoarthritis (OA): DAPPA Study. 2017 Florida Classic Luncheon, Orlando, FL.

**Anderson, E.**, Rahim-Williams, B., Ph.D. (March 2017). Determinants of Psychosocial Variables and Physical Activity among Adults with Knee OA Pain: A Systematic Review of the Evidence. Society of Behavioral Medicine, San Diego, CA.

Mills, C., **Anderson, E.**, Vickers, A., Gavin, K., Rahim-Williams, B., MA, MPH, Ph.D. (November 2016). Mindful Distraction as Novel Pain Treatment among Women with Knee Osteoarthritis. American Public Health Association, Denver, CO.

Anderson, T., **Anderson, E.**, Rahim-Williams, B., MA, MPH, Ph.D. (October 2016). Understanding CAM and Conventional Medicine as Combination Therapy for Treatment of Knee Osteoarthritis Pain among adults: A Focus Group and Systematic Literature Review Synergy. American Public Health Association, Denver, CO.

Mills, C., **Anderson, E.**, Vickers, A., Gavin, K., Denson, E., Rahim-Williams, MA, MPH, Ph.D. (April 2016). Using Mindfulness to Reduce Pain Health Disparities among Older Women with Knee Osteoarthritis Pain. Bethune-Cookman University-Academic Showcase, Daytona Beach, FL.



Vickers, A., **Anderson, E.**, Johnson, R., McClinton, V. (August 2016). Using RBA to Identify and Raise Awareness at A HBCU in Regards to Racial Identity and Self Care. Association for Black Psychologist 42(1). Anderson, E..22. Association for Black Psychologist 42(1) for E..1.7